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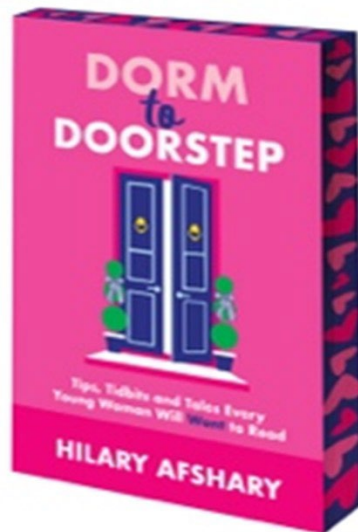
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**Colorado Empty Nester Releases *Dorm to Doorstep*
in Time for Graduation Gifting**

It's the Advice You Want to Give in a Package Girls Will WANT to Read



May 5, 2025, Denver, Colorado – Local Colorado author Hilary Afshary debuts her first book, *Dorm to Doorstep: Tips, Tidbits and Tales Every Young Woman Will WANT to Read*, a color-filled guidebook of life lessons that is the perfect gift for girls 17 to 25 starting life away from home. Illustrated with brilliant colors and graphics, the design includes full spray edges on all page sides.

Hilary will be featured at the Colorado Blvd Barnes & Noble bookstore on Saturday, May 17. *Dorm to Doorstep* is available on Amazon and for order through bookstores throughout Colorado.

Organized in layers, just like a favorite ice cream sundae, *Dorm to Doorstep* approaches life's challenges and opportunities with fun, humor and common sense:

- Glow Up, Girl (the ice cream): Personal Growth & Insights
- Glam Bam, Thank You Ma'am (the sauce): Fashion, Beauty & Wellness

- Laced with Grace (the whipped cream): Relationships & Demeanor
- Gather Round with Goodness (the cherry on top): Tips & Tidbits for Daily Living

Young women can pick up *Dorm to Doorstep*, read page to page or casually open to for the *AHA* of day. Every word comes from the author's place of truth from her own life and raising a daughter. Thoughtful, respectful, and real — words she'll WANT to read. Words that make her pause, stories that stick, and moments that leave her smiling—or even laughing out loud.

"When my girls were in college, this is the book I wish I had in hand to give them. It's the ideal companion to living life away from home on their own. With fun facts, tantalizing tips and even those strong warnings that we all wish our young people would heed. It will be on my must give list, starting with my granddaughter in her first year of college," remarked Judith Briles, Founder of the Colorado Author's Hall of Fame.

About the Author

Hilary Afshary is a get it done gal who dabbles in all of life's creativity to make an impact. She believes in being a lifelong student of life continuously working towards a PhD in helping others by sharing all that she learns. Hilary splits her time between Denver and Vail and loves hiking, skiing, traveling, reading, and spending time with her husband, Tony, daughter, Eva, fur baby, Whisky Jack, and other friends and family.

Find her at HilaryAfshary.com and on [Instagram](#), [TikTok](#), [Facebook](#), and [LinkedIn](#) scooping up more tips, tidbits and tales. Hilary is available for media interviews about *Dorm to Doorstep*.

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